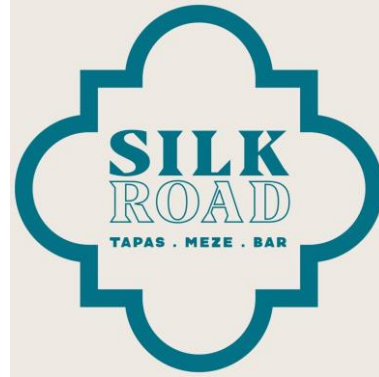




Silk Rd

Menu

Allergens information

Silk Rd menu allergen information pack

We have provided this pack for our customers to help you all navigate through our menus and to highlight any dishes that have any of the 14 allergens we are required to provide information on.



If you have any other allergens or dietary requirements not listed please let us know, and we will do our best to provide you with the information that we have.

Our menus show the following abbreviations to indicate some of the dietary requirements you may have, please see below:

V – Suitable for vegetarians VOA – Vegetarian option can be made available

VE – Suitable for Vegans VEA – Vegan option can be made available

GF – Gluten free dish GFA – Gluten free can be made available

N – contains nuts

Please note that we do not operate a kitchen where we are 100% allergen free and our kitchens do have gluten and nuts in.

If you have any allergen requirements please let us know and we would like you to always speak with us directly to support and guide you through your menu choices and let us know if you are sharing dishes with others in your party, so you are aware of any allergens for dishes you may be sharing.

Please note from time to time we may need to alter this information and allergens may change, so always check with the restaurant for the most up to date allergens information. Enjoy your meal 😊

This pack contains the allergen information for our dishes on the following menu's

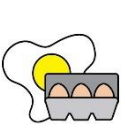
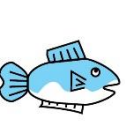
- Restaurant menu – served in-house
- For any special menus or specials – please ask your server.

(Please always inform us of any allergens that you have, this document has been provided as a guide and can be subject to change due to unforeseen circumstances)

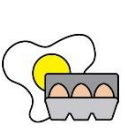
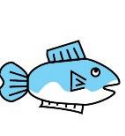
WE OPERATE WITH A GLUTEN FREE FRYER AND NONE GLUTEN FREE FRYER IN OUR KITCHENS, AND WHERE POSSIBLE WILL MAKE A DISH GLUTEN FREE,

ALWAYS TELL US ABOUT THE ALLERGENS YOU HAVE AND WE WILL INFORM YOU ABOUT ANY COOKING PROCESSES AND CROSS-CONTAMINATION IN FRYERS WITH OTHER ALLERGEN REQUIREMENTS SO YOU CAN MAKE AN INFORMED DECISION, THE ALLERGENS LISTED BELOW MAY BE SUBJECT TO CHANGE. – ALWAYS ASK!

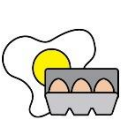
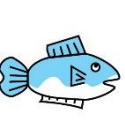
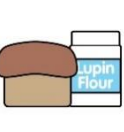
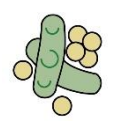
DISHES AND THEIR ALLERGEN CONTENT – LIGHT TAPAS – Silk Rd RESTAURANT MENU

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Prawn Crackers		V GFA (may contain traces of)	V							(may contain cooking method)	(may contain cooking method)		V (cooking oil)	V (in the Dip)
Sweet Chilli sauce														V
Pitta and dips		V GFA					V (in the dips – check Pitta)			V (traces nuts)		V (in the dip)	V Oil	V
Tzatziki							V							V
Hummus										V (traces nuts)		V		
Babaganoush dip												V		V
Beetroot yogurt dip							V							V
Kalamari		(COOKED IN TAPIOCA IN GLUTEN FREE FRYER)		V (in dip)				V	V (in dip)				V Fryer oil	
Halloumi saganaki		(COOKED IN TAPIOCA IN GLUTEN FREE FRYER)					V					V (Garnish)	V Fryer oil	
Mixed Olives														V
Veg Spring rolls	V	V					V			(may contain cooking method)	(may contain cooking method)	V	V	V (sweet chilli)
Chicken Satay		V (GFA cooking method)	V (in the dip)		V (in the dip)					(may contain cooking method)	V (Dip & Marinade)		V Fryer oil	V (Dip & Marinade)

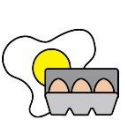
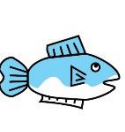
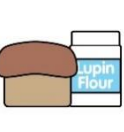
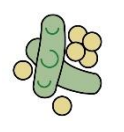
DISHES AND THEIR ALLERGEN CONTENT – LIGHT TAPAS – Silk Rd RESTAURANT MENU

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Bread & Oils		V (BREADS)		V (may contain ciabatta & Focaccia)			V (may contain all breads)		V (may contain ciabatta)	V (may contain ciabatta & sun dried tomato bread)		V (may contain ciabatta & sun dried tomato bread)	V (may contain ciabatta)	V (Balsamic glaze)
Ciabatta		V		V (may contain)			V (may contain)		V (may contain)	V (may contain)		V (may contain)	V (may contain)	
Focaccia		V		V (may contain)			V (may contain)			V (may contain)				
Sun dried tomato bread		V					V (may contain)			V (may contain)		V (may contain)		
OUR BREAD MAY VARY SO PLEASE ALWAYS CHECK ON THE DAY – ABOVE IS AN EXAMPLE OF THE BREAD ALLERGENS														
Satay Dip			V		V						V			V
Garlic Bread		V (pizza base)					V (butter)							
Garlic Bread with Cheese		V (pizza base)					V (cheese & butter)							
Korean Cauliflower		V		V (mayo)					V (mayo)	(may contain cooking method)	(may contain cooking method)	V garnish	V Fryer oil	V Sweet chilli
Mango chilli chicken wings		V								(may contain cooking method)	(may contain cooking method)	V	V	V
Bread crispy chicken strips		V (cooking method & panko breadcrumbs) GF breadcrumbs maybe available		V (in mayo and chicken)					V (in mayo)	(may contain cooking method)	(may contain cooking method)		V Fryer oil	
Sticky ribs		V (Sauce)				V (sauce)		V (Sauce)				V (Sauce & garnish)	V (Sauce)	
Bruschetta Pomodoro		V		V (may contain)			V (may contain)		V (may contain)	V (may contain)		V (may contain)	V (may contain)	

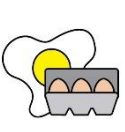
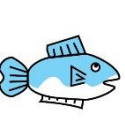
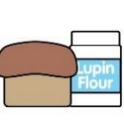
DISHES AND THEIR ALLERGEN CONTENT – SIGNATURE TAPAS – Silk Rd RESTAURANT MENU

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Massaman curry (all options)			V		V									V
Hot honey Prawns		V	V							(may contain cooking method)	(may contain cooking method)	V garnish	V Fryer oil and honey sauce	V sauce
Pad Thai veg/chicken		V		V	V						V(dip)		V	V
Pad thai prawn		V		V	V						V(dip)		V	V
Nasi Goreng with Chicken		V (soy sauce)		V (if served with egg)									V (soy sauce)	
Nasi Goreng Veg		V (soy sauce)		V (if served with egg)									V (soy sauce)	
Katsu Chicken	V (In the sauce)	V (In the sauce, panko & cooking method)		V (in the chicken)					V (In the sauce)	(may contain cooking method)	(may contain cooking method)		V (In the sauce, & cooking oil)	
Buttered black prawns		V sauce	V Prawns			V sauce	V sauce	V Sauce					V Sauce	
Seabass Choochee			V (choo chee sauce sauce)		V (seabass & may contain in sauce)								V Fryer oil	V (in Choo chee sauce)

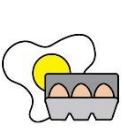
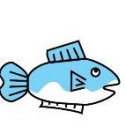
DISHES AND THEIR ALLERGEN CONTENT – SIGNATURE TAPAS – Silk Rd RESTAURANT MENU

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef shin		v		v			v		v				v (oil)	v
Chicken Al funghi	v						v							v
Blue cheese steak with fried potatoes		v (GFA – potatoes cooking method)		v (in sauce)			v (in sauce)			(may contain cooking method)	(may contain cooking method)		v Frying oil	v (in sauce)
Black peppered beef with rice		v (In the sauce)				v sauce	v sauce	v Sauce					v Marinade, Sauce & Oil for fryer	v (in marinate)
Garlic steak with fried potatoes		v (GFA – potatoes cooking method)					v (in sauce)			(may contain cooking method)	(may contain cooking method)		v Frying oil	
Wild mushroom & Truffle Risotto							v							
Lamb Kofte							v (yogurt)							
Parmigiana		v		v			v							v
Aubergine and Chickpea Dhal							v (tahini yogurt)					v (tahini Yogurt)		
Buttered black prawns		v sauce	v Prawns			v sauce	v sauce	v Sauce					v Sauce	

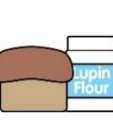
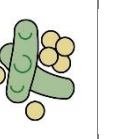
DISHES AND THEIR ALLERGEN CONTENT – PIZZETTE & BAO SECTION – Silk Rd RESTAURANT MENU

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Crispy duck pizzette		V Dough										V	V Sauce & May contain in dough	
White pizzette		V Dough					V (Cheese and butter)							V (onions & Glaze)
Pizza venezia		V Dough					V (cheese)			V (vegan cheese if option_			V (vegan cheese)	V balsamic
Kofte Pizza		V Dough					V (cheese)							V
Duck Bao		V (bao)										V Duck	V Bao and duck	
Korean Cauliflower Bao		V (bao & Cauliflower)		V Mayo					V Mayo	(may contain cooking method)	(may contain cooking method)	V (garnish)	V Bao	V Sweet chilli
Hot Honey Bao		V Bao and prawns	V Prawns							(may contain cooking method)	(may contain cooking method)	V (garnish)	V Bao/ hot honey	

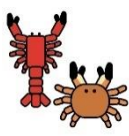
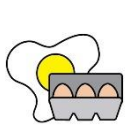
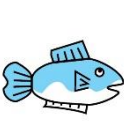
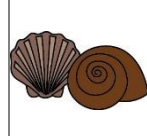
DISHES AND THEIR ALLERGEN CONTENT – SALAD & SIDES SECTION – Silk Rd RESTAURANT MENU

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Moroccan salad		V					V		V	V	V (may contain)			V
Greek salad							V (cheese)							V (olives marinated)
Patatas Bravas		V (GFA – potatoes cooking method)		V (mayo)					V (mayo)	(may contain cooking method)	(may contain cooking method)		V (fryer oil)	V (sauce)
French Fries		V (GFA – potatoes cooking method)								(may contain cooking method)	(may contain cooking method)			
Greek street Fries		V (GFA – potatoes cooking method)					V (Tzatziki & feta)			(may contain cooking method)	(may contain cooking method)		V Frying oil	V (Tzatziki)
Peking Fries		V (GFA – fries cooking method)								(may contain cooking method)	(may contain cooking method)	V All dish	V All dish	
Spicy Thai salad					V sauce					V Cashew nuts	V (may contain in nuts)			
Spicy Thai salad with seabass					V sauce					V Cashew nuts	V (may contain in nuts)			
Spicy Thai salad with steak					V sauce					V Cashew nuts	V (may contain in nuts)			
Jasmine rice														
Patatas		V (GFA – potatoes cooking method)								(may contain cooking method)	(may contain cooking method)			
Pitta		V GFA					V check Pitta)							

DISHES AND THEIR ALLERGEN CONTENT – Kids Menu – Silk Rd RESTAURANT MENU

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Garlic Bread		V (pizza base)	V				V (Garlic butter)							
Garlic bread with cheese		V (Pizza base)					V (garlic butter and cheese)							
Prawn Crackers		V GFA (may contain traces of)	V							(may contain cooking method)	(may contain cooking method)			V (in the Dip)
Margherita & Fries		V (Pizza base & Fries cooking method)					V (cheese)			(may contain cooking method)	(may contain cooking method)		V (cooking oil and soy sauce)	V (sauce)
Egg Fried Rice				V									V (cooking oil)	
Chicken Goujon & fries		V (cooking method for fries and chicken & panko breadcrumbs)		V (in mayo and chicken)					V (mayo)	(may contain cooking method)	(may contain cooking method)		V (cooking oil)	
4oz Fillet steak & fries		V (cooking method for fries)								(may contain cooking method)	(may contain cooking method)		V (cooking oil)	

DISHES AND THEIR ALLERGEN CONTENT – Desserts– Silk Rd RESTAURANT MENU

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Churros		V	(may contain)	(may contain)	(may contain)		V (sauce)	(may contain)					V	
Baklava		V		V			V			V	V	V	V	
Sticky Toffee Pudding (Vegan option maybe available)	Check on day with your server													
Eton Mess				V			V							V
Chocolate Fudge Cake		V		V			V			(Ice cream may contain traces)	(Ice cream may contain traces)		(Ice cream may contain traces)	
Cheese cake of the day	Check on day with your server													
Afogato		V (May contain traces ice cream)		(May contain traces ice cream)			V			(May contain traces ice cream)	(May contain traces ice cream)		(May contain traces ice cream)	V (ALCOHOL)
Ice cream Sundae	Check on day with your server													
Chocolate mouse (vegan and GF)													V	
Ice cream flavours	Check on day with your server													